



FIGURE SKATING

THIS WEEK



MONDAY ___ / ___ TUESDAY ___ / ___ WEDNESDAY ___ / ___ THURSDAY ___ / ___

Four columns of horizontal lines for notes, corresponding to Monday, Tuesday, Wednesday, and Thursday.

EQUIPMENT CHECKS

- Sharpening OK?
- Screws OK?
- Guards clean?
- Clothes OK?

FRIDAY ___ / ___ SATURDAY ___ / ___ SUNDAY ___ / ___ NEXT WEEK

Four columns of horizontal lines for notes, corresponding to Friday, Saturday, Sunday, and Next Week.

TO-DO LIST

Five horizontal lines for a to-do list, each with a small purple square checkbox on the right.

Notes

A large rectangular box with a purple border for taking notes.

